

Settling into Stillness: A Greek Island Yoga Retreat
June 26-July 3, 2010

Trip Participant Agreement Terms and Conditions (4 pages)

Reservations:

A \$500 deposit per person will secure space on a first come basis, with the balance of \$889 due on or before May 10, 2010. The total cost for "Settling into Stillness: A Greek Island Yoga Retreat" (the "Trip") is \$1389.

Please make checks payable to: Apple a Day Ideas, LLC.

Late registration: Trip participants may register after May 10, 2010, space permitting, however payment in full is required at the time of registration.

Trip Price Includes:

Yoga: Daily morning yoga classes appropriate for students of all levels of experience, led in the Kripalu tradition. A daily group meditation, chanting, or satsanga and a late afternoon yoga/meditation/movement/workshop experience on most days.

Accommodations: Two bedroom holiday apartments (2 persons per room) with shared bath. Single supplements cost an additional \$150. All accommodation is provided by Alexis Zorbas Retreat Center.

Meals: Breakfast and dinner at Alexis Zorbas. All meals are vegetarian and served buffet style. Coffee is available at breakfast. Beer, wine and cappuccino may be purchased separately. Lunch is not provided by the center.

Transportation: Provided to and from Corfu Town for the one-day included excursion.

Excursions: A whole-day excursion to historic Corfu Town returning to Alexis Zorbas for dinner at 7:30pm.

Trip Price Does Not Include:

Round-trip airfare, bus, taxi and/or rail transportation to Alexis Zorbas Retreat Center in Arillas, Corfu, Greece, passports, meals in transit or outside of Alexis Zorbas, health and wellness services, gratuities, any additional excursions, or any items of a personal nature. Daily kirtan will be offered on a donation basis. Please budget about 60 euros for this portion of the trip.

Changes:

The Trip price is based on current rates of exchange and is subject to adjustment prior to departure. Once a deposit has been received the Trip rate is secure except in the event of a substantial change in the euro exchange rate. Currently the Trip pricing is based on a US\$1.50 = 1 euro. Changes to the itinerary are not anticipated; however, Apple a Day Ideas, LLC (the "Trip Organizer") reserves the right to make any changes that it determines are necessary, with or without advance notice. Changes in itinerary will not incur extra charges for participants or result in a refund of any portion of the Trip price.

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Cancellations/Refunds: All requests for cancellation must be submitted in writing to the Trip Organizer (and received by the dates listed below). Regardless of the reason, cancellations result in additional costs and processing time for the Trip Organizer. As such, all cancellations will be subject to a \$50 cancellation fee.

The following charges will be assessed for cancellations:

More than 90 days prior to program start date (until March 29, 2010)	\$50 cancellation fee
89 - 48 days prior to program start date (March 30-May 10, 2010)	\$450 plus \$50 cancellation fee
Less than 48 days prior to program start date (after May 10, 2010)	100% of trip price

If the participant leaves the Trip prior to its conclusion, refunds will not be made for the unused portion of the Trip. No refunds will be made for any excursion, meal, yoga class or workshop or other activity that the participant misses or decides not to participate in for any reason.

The trip is subject to a minimum enrollment of eight (8) guests. The Trip Organizer reserves the right to cancel the Trip prior to departure. If such cancellation is NOT due to circumstances beyond the Trip Organizer's control, such as war etc. as set forth below, the Trip Organizer will refund all payments, constituting full settlement with the participant. No compensation or refund will be made when cancellation arises before or during the trip from circumstances beyond our and/or our suppliers' control (force majeure) such as war, strife, civil disobedience, strikes, terrorist activity, adverse weather conditions, fire, natural disasters, etc., unless or until the Trip Organizer is able to recover any Trip-related sums. In the event of cancellation arising from circumstances beyond our control as set forth above, Trip-related sums recovered by the Trip Organizer will be distributed equitably to the participants after the Trip Organizer deducts all out-of-pocket costs and related expenses.

It is recommended that participants purchase their own trip cancellation insurance. The Trip Organizer is not responsible for expenses, including but not limited to lodging, meals, and transportation, incurred for delays and/or detainments beyond the trip itinerary as a result of circumstances beyond our and/or our suppliers' control such as war, etc. as set forth above.

Nature of Trip:

This Trip is yoga-based. Accordingly, participants are strongly encouraged to fully attend the yoga offerings provided. All participants are encouraged to approach the Trip with a spirit of openness and adventure.

Smoking is not permitted inside the Holiday Apartments.

The nature of the Trip is not suitable for children.

Passport: A passport must be obtained in advance. Each participant is responsible for determining their specific passport requirements and for obtaining the necessary documents prior to departure. Non-U.S. citizens must consult with appropriate consulates to determine if any visas are needed.

Medical Insurance: Each participant is responsible for checking with their current health insurance provider and insuring that they have adequate medical coverage. Participants must carry insurance documentation while on the Trip.

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Photographs/Videotapes: The Trip Organizer will be photographing and videotaping the Trip. The Trip Organizer reserves the right to use any such photographs/videos in its advertising, displays, publicity materials, and publications without obtaining further consent from any participant. Each participant releases the Trip Organizer and its representatives from any liability in connection with any such use of such photographs and videotapes.

Release/Responsibility:

The participant, by signing this Trip Participant Agreement, agrees that the Trip Organizer and its representatives, except for their gross negligence or willful misconduct, shall not be held liable for any injury, damage, loss, delay or irregularity that may be occasioned for any reason, including, but not limited to any defect in a vehicle, the acts or default of any company or person engaged in conveying a participant, acts of God, terrorism, acts of war, or detention; delays or expenses arising from quarantine, strikes, thefts, pilferage, force majeure, civil disturbances, government restrictions or regulations, accidents by aircraft, boat, bicycle or motor vehicle, or in any restaurant or accommodation; failure of any means of transportation to arrive or depart as scheduled or changes in transit, or villa services; missed airline or other transportation connections; or for additional expenses resulting from changes in exchange rates, tariffs, or itinerary. The participant agrees to assume all risks associated with the Trip and agrees that no liability will attach to the Trip Organizer, its employees or agents, or to any member of the trip in respect of death, personal injury, illness or delay of the passenger, or for any loss of or damage to the property (including luggage) of the participant during the course of the Trip, howsoever caused. **By signing this Trip Participant Agreement, the participant releases the Trip Organizer and its representatives from any such responsibility or liability, except as hereinabove set forth.** The liability of common carriers is generally limited and, therefore, it is suggested that participants purchase their own cancellation, property damage (including luggage), and accident insurance.

For the benefit of everyone on your trip, the Trip Organizer reserves the right to accept or reject any Trip participant at any time without liability, and in the event it determines, in its sole and exclusive discretion, that a participant is disruptive to the harmony of the Trip, it may without any obligation to pay a refund or any other amount whatsoever, expel such participant from the Trip. The Trip Organizer will have no responsibility or liability for any participant who leaves the Trip prior to its conclusion or for any activity undertaken by any participant which is not included on the Trip itinerary.

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I/we have read and understand the foregoing Trip Participant Agreement for:
"2010 Settling into Stillness: A Greek Island Yoga Retreat" and, by making my advance payment as set forth below,
agree to the terms thereof.

Please reserve my/our space:

Signature _____ Date: _____

Signature _____ Date: _____

Please Print:

Name _____
(as it appears on passport)

Name _____
(as it appears on passport)

Address _____

City/State (Province)/Zip (Postal Code) _____

Country _____

Telephone: Days _____ Evenings _____

Email: _____

Name of Emergency Contact: _____

Telephone of Emergency Contact: Days _____ Evenings _____

Name of Second Emergency Contact: _____

Telephone of Emergency Contact: Days _____ Evenings _____

Enclosed is a check or money order (US funds only) in the amount of \$ _____, as
_____ payment in full

_____ deposit for 2010 "Settling into Stillness: A Greek Island Yoga Retreat".

NOTE: Check or money order in US funds should be made payable to: APPLE A DAY IDEAS, LLC

Please sign and initial each page of the Trip Participant Agreement. Fill in all required information above and return the *entire*
Trip Participant Agreement with your payment to:

APPLE A DAY IDEAS, LLC
914 Maupin Rd.
Columbia, MO 65203

Please maintain a copy of the Trip Participant Agreement for your own records.